

WESTWINDS INSTRUMENTAL COVID PROTOCOLS
September 30, 2021

MINIMUM REQUIREMENTS:

- Hand sanitizing when entering the facility/rehearsal space. Westwinds will provide hand sanitizer in a pump bottle.
- Face masks required when not playing – before, during and after rehearsal.
 - Make every effort not to speak to your neighbours while unmasked.
- Instrumental bell covers required – see below for specific requirements.
- Flute players – see below for specific requirements.
- Cloth/Puppy pad – disposable or otherwise (ziplocked after use to take home for cleaning if not disposable) required for emptying water/spit valves, followed by hand sanitization.
- Spacing as much as possible between players.
- If more than one ensemble is in a particular venue, entering and exiting the venue along with staggered breaks will be pre-determined.
- If any director wants to add further protection – ie. Musicians’ masks (with slits for mouthpieces), 30 minutes of playing followed by 10 minutes of no playing - that director can request this of their ensemble and is responsible for ensuring those additional protocols are followed.

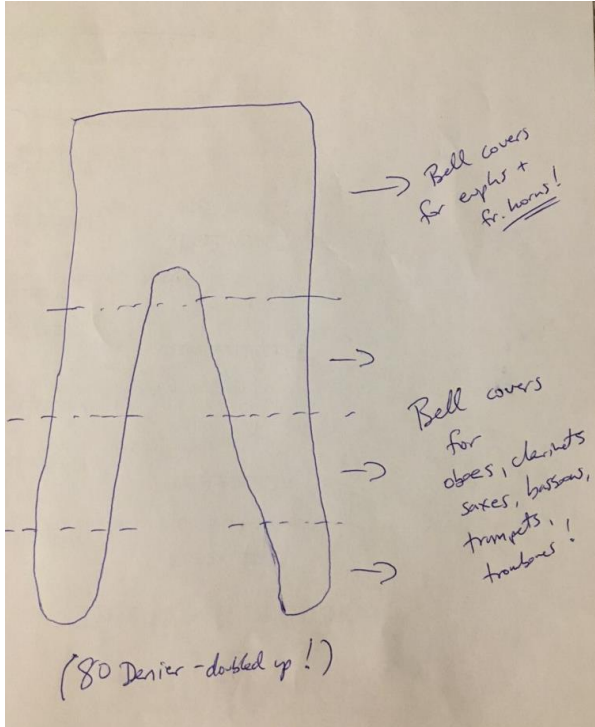
Instrument Bell Cover Requirements for ALL wind instruments:

- Store bought bell cover OR
- DIY – there is lots of information on the Internet/Youtube re: making bell covers, some without needing to sew.
 - a minimum of 70 denier weight fabric, and then double layer it for the best protection.
 - Joe Fresh has \$8.00, 80 Denier black tights that can be cut up, wrapped around the bell and attached with rubber bands. Depending on the bell size, about 3 instrument bells can be covered with one pair of tights. See below diagram for cutting up a pair of tights.
- French horns – store bought may be a better solution, as they should already have a built-in sleeve or hole in which to put your hand. However, you can DIY a hole with an elastic around the opening, just big enough to fit your hand.

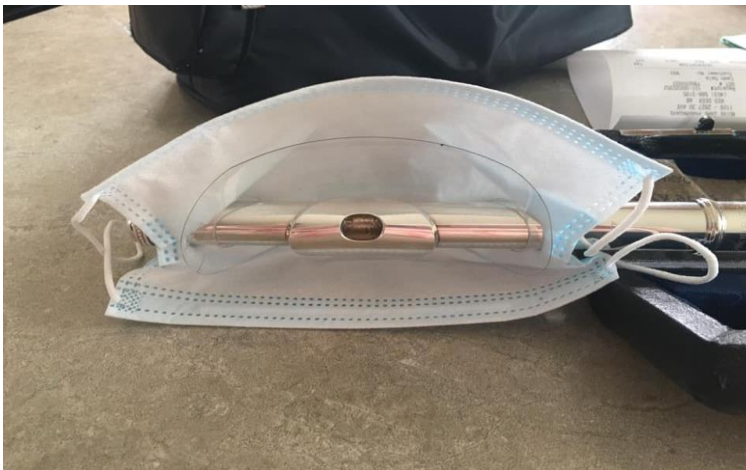
Flutes – a face shield of some kind is required:

- Several options – a see through version is best for the less experienced players:
 - Disposable mask with slits cut in either side for the flute head joint to go through.
 - Store bought
 - Westwinds will be purchasing 20-25 flute shields made by a local music teacher for a nominal fee. First come, first served. **Contact Tina – info@westwindsmusic.org**
 - Cut the plastic from a face shield and fit it in front of the embouchure plate (holes in each end to slide over the head joint). Some people like to fit a face mask in front of the plastic piece, but the ear loops would not fit over your ears, they would fit around the head joint. Also, holes may need to be smoothed so as not to scratch flute finish.

Panty Hose diagram



DIY Flute Shield



Below information is for reference:

CBE Guidelines – Junior & Senior High Instrumental Music (edited slightly) – September 2021

- As much distancing as possible
- Use of large, well-ventilated areas is encouraged
- Routine hand hygiene
- Instrument requirements
 - Instrument masks
 - Hygienic emptying and cleaning of spit valves/water keys
 - Routine cleaning of shared instruments, ie. Percussion
 - Use of hand sanitizer before and after playing/cleaning instruments
 - Student must know and understand proper cleaning

AHS Guidelines – June 2021

Masking Guidelines:

- Masking is not required for any performance activity conducted outdoors.
- Masking is required when participating in indoor practicing, lessons, or rehearsals, but not during the performance itself.
 - Wind instruments must be equipped with a cover to prevent droplet transmission, except during performance.
 - Wherever possible, masks should be worn for performance.
- Masking is required indoors at all times when not performing.
- Performers must follow hand hygiene measures when removing and donning their masks to perform.

Instrumental Music Guidelines:

- The length of the instrument must be considered as an extension of the individual when determining the spacing between musicians.
 - Physical distancing should be measured from the end of an instrument.
- Empty spit valves often.
 - Empty valves away from others by blowing into a cloth to collect the liquid or onto a disposable absorbent pad.
 - Cloth must be disposed of immediately or placed in a closed plastic bag for washing.
 - Perform hand hygiene after emptying spit valves.